



## TRAMSTOP 26 TUCKSHOP

### About our ingredients:

- All Eggs are Free Range.
- All Dairy Products are Low Fat
- We Use Nuttalex Spread (DF)
- All Our Food is Made Fresh
- (except Sushi).

**This menu is Qld Association of  
School Tuckshops Approved.**

(V): Vegetarian  
(GF): Gluten Free  
(DF): Dairy Free

## HOW TO ORDER

Order online at My School Account  
<https://coorparoos.mystudentaccount.com>

*From time-to-time some items might be unavailable.*

Despite our best effort gluten free food might contain traces of gluten.

## HOT FOOD

Crunchy Chicken Burger & Salad* <i>(GF bread option \$1.00 extra)</i>	\$5.00
Veggie Burger & Salad <i>(GF bread option \$1.00 extra)</i>	\$5.00
Pasta Bolognese with Penne (GF) (DF)	\$5.50
Chicken Caesar Wrap <i>(GF option \$1.00c extra)</i>	\$4.50
Pizza Cheese (V)	\$4.50
Pizza Ham, Cheese & Pineapple	\$5.00
Pizza Mushroom, Capsicum & Pineapple	\$5.00
Salad With Chicken Tenders (GF).....	\$5.00

*\*Salad: lettuce, tomato cucumber & grated carrot*

## FRESH SANDWICHES

*(GF bread option \$1.00 extra)*

Cheese (V)	\$2.80
Salad*(DF)	\$2.50
Ham & Cheese	\$3.90
Ham & Salad* (DF)	\$4.00
Vegemite (V), (DF)	\$2.20
Vegemite & Cheese (V)	\$2.90
Chicken, Mayo & Lettuce	\$4.50

## TOASTIES

*(GF bread option \$1.00 extra)*

Cheese (V)	\$3.00
Ham (DF)	\$3.30
Ham & Tomato (DF)	\$3.50
Ham & Cheese	\$4.00
Ham, Cheese & Pineapple	\$4.50

## DRINKS

Banana Smoothie 200ml	\$3.50
Fruit Popper 200ml <i>(Apple / Apple &amp; Blackcurrant)</i>	\$2.50
Plain Milk 250ml	\$2.00
Breaka Milk Choc/Straw 250 ml	\$2.50

## FRUIT AND VEGGIES

Seasonal Fruit Skewers	\$3.00
Watermelon Cup	\$2.50
Apple Slinky	\$1.50
Veggie Sticks/Coins	\$1.50
Pineapple Hula Hoop	\$0.80
Carrot sticks with hommus	\$2.00

## YOGHURTS

Honey Crunch	\$2.50
Small Tub Greek Yoghurt (V) (GF) <i>(with strawberry puree or honey)</i>	\$1.50
Vanilla Custard (low fat)	\$1.50

## SNACKS

Rice Crackers & Cheese (GF)	\$1.50
Lightly Salted Popcorn (GF) (DF)	\$0.50
Tram Stop 26 Cookie (DF) (V) <i>(GF option 0.50c extra)</i>	\$1.00
Anzac Style Biscuit (DF)	\$1.00
Banana Muffin (DF) <i>(GF \$ option 0.50c extra)</i>	\$1.50

## SPECIAL FOOD DAYS

### WED-FRIDAY SUSHI

Avocado Roll (GF/V)	\$4.00
California Roll	\$4.00
Chicken & Avocado Roll	\$4.00
Chicken Pack	\$4.00
Tempura Vegetable Roll (V)	\$4.00
Tuna & Avocado Roll (GF)	\$4.00
Tuna Roll (GF)	\$4.00
Teriyaki Chicken Roll	\$4.00
Inari Pocket (v)	\$4.00
Tempura Prawn Roll	\$4.00
Soy Sauce	\$0.50

## BIRTHDAY TREATS

*Tram Stop26 can provide birthday treats for the whole class. (2 Days Notice Required)*

Zooper Doopers (GF) (DF)	\$0.50 each
Vanilla Ice-Cream Cup (GF)	\$1.00 each

## OVER THE COUNTER SALE

*Wed, Thurs, Fri only*

Zooper Doopers (GF) (DF)	\$0.50
Vanilla Ice-Cream Cup (GF)	\$1.00
Lightly Salted Popcorn (GF) (DF)	\$0.50
Tram Stop 26 Cookie (DF) (V)	\$1.00
Bulla Frozen Yoghurt <i>(Mango or Strawberry)</i>	\$2.00

## VOLUNTEERING

Can you spare 20 min. in the morning to label lunch bags?

<https://volunteersignup.org/9CRRP>

V: January 2023

Would you like to help out for a longer period of time ?

<https://volunteersignup.org/9M8XL>